## Families Making the Connection

### *Wild About School Lunch*

Did you know October 11-15 is officially National School Lunch Week? The #NSBW2021 theme is "Wild About School Lunch". Lions, tigers and bears—oh, my! Tacos, rice bowls and wraps—oh, yum! The National School Lunch Program serves nearly 30 million children every school day. President John F. Kennedy created National School Lunch Week (NSLW) to promote the importance of a healthy school lunch in a child's life and the impact it has inside and outside of the classroom.

During NSLW, School Nutrition professionals, school staff and students will find ways to safely celebrate with their schools and districts through special menus, events, activities and more. The 2021 NSLW theme will allow schools to have fun, be creative and spotlight hit menu items that kids are wild about.

### Breakfast Menu

**Monday:** Turkey Sausage Biscuit
Cereal
Juice
Tropical Fruit

**Tuesday:** Grits
Turkey Sausage
Cereal
Diced Peaches
Juice

**Wednesday:** Oatmeal Apple Bar
Cereal
Fresh Fruit in Season
Juice

**Thursday:** Muffins
Cereal
Applesauce
Juice

**Friday:** Pancake
Cereal
Tropical Fruit
Juice

# Menu for October 2021

| | | | | Friday, October 1 |
|---|---|---|---|---|
| | 1% White Milk and Skim Chocolate is served daily with Breakfast and Lunch | | | Hot Dog on Bun<br>Graham Cracker<br>Baked Beans<br>Coleslaw<br>Fresh Fruit<br>Sherbet |
| **Monday, October 4** | **Tuesday, October 5** | **Wednesday, October 6** | **Thursday, October 7** | **Friday, October 8** |
| Cheeseburger Mac<br>Tossed Salad<br>Seasoned Carrots<br>Tropical Fruit | Soft Tacos<br>Shredded Lettuce<br>Diced Tomatoes<br>Shredded Cheese<br>Sherbet | Sweet & Sour Meatballs<br>Broccoli<br>Sweet Potatoes<br>Roll<br>Fresh Fruit in Season | Chicken Patty on Whole Wheat Bun<br>Green beans<br>Kernel Corn<br>Juice | Hamburger on Whole Wheat Bun<br>Baked Beans<br>Coleslaw<br>Sherbet |
| **Monday, October 11** | **Tuesday, October 12** | **Wednesday, October 13** | **Thursday, October 14** | **Friday, October 15** |
| Sloppy Joe on Whole Wheat Bun<br>Tossed Salad<br>Seasoned Carrots<br>Tropical Fruit | Walking Tacos<br>Shredded Lettuce<br>Diced Tomatoes<br>Shredded Cheese<br>Sherbet | Corndog<br>Broccoli<br>Sweet Potatoes<br>Fresh Fruit in Season | Pizza Stick<br>Potato Wedges<br>Green beans<br>Juice | Turkey & Cheese Sandwich<br>Fresh Carrots<br>Sherbet |
| **Monday, October 18** | **Tuesday, October 19** | **Wednesday, October 20** | **Thursday, October 21** | **Friday, October 22** |
| No School | No School | No School | No School | Intersession<br>No School |
| **Monday, October 25** | **Tuesday, October 26** | **Wednesday, October 27** | **Thursday, October 28** | **Friday, October 29** |
| No School | Soft Taco<br>Shredded Lettuce<br>Diced Tomatoes<br>Shredded Cheese<br>Sherbet | Bake Chicken<br>Roll<br>Turnip Greens<br>Kernel Corn<br>Fresh Fruit in Season | Chicken Tenders<br>Tossed Salad<br>Diced Potatoes<br>Juice | Hamburger on Whole Wheat Bun<br>Baked Beans<br>Coleslaw<br>Sherbet |

**Quality Education Academy**

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